

## General Enquiries

Tel: 0161 886 7070

Email: [info@trafford.ac.uk](mailto:info@trafford.ac.uk) Website: [www.trafford.ac.uk](http://www.trafford.ac.uk)

## Counselling Concepts ABC Level 2 Award

Full/Part time	Part-time
Department	Counselling



### Course Overview

This course is for those who wish to return to study, seek a career change, undertake voluntary work, enhance career prospects through extra qualifications or train as professional counsellors.

Once a week for 10 weeks. A Tuesday daytime (1pm - 4pm), Tuesday evening (5.45pm - 8.45pm) or Thursday daytime (10am - 1pm) option are available.

### Course Requirements

As a minimum requirement you must have English GCSE and be able to confidently produce work at Level 2 standard. You must also possess basic IT skills as you are required to use Moodle, the Stockport College online learning resource.

We are able to take people of 18 years or over. However, due to the nature of the course, emotional resilience and an ability to reflect and draw on life experiences is essential.

You will need to understand the demanding and personal nature of the course. Whilst this course is by no means 'therapy' for some it can present an emotional challenge. We therefore ask you to consider whether you are able to take on the course at this time. For example, we welcome applications from those who have experience of therapy, however, joining the course whilst still in therapy needs to be given careful consideration.

An information session will be held prior to the start of the course. Attendance at one of the sessions is mandatory and forms part of the course selection process.

Please note: if you have been in recovery we ask that you have been clear for a minimum of six months before applying for this course.

The course will run subject to minimum numbers being reached.

### Course Progression

Successful completion of this course will provide you with one of the entrance requirements for ABC Certificate in Counselling Skills Level 3.

Please note that progression from the Level 2 programme onto the Level 3 programme is not automatic. You are advised to check with your tutors regarding selection procedures which may require further evidence of your suitability to progress to Level 3.

## Course Finance

The course fees for the academic year are £275.

The full fees will be due at enrolment.

## Course Includes

This is a ten week course which runs each term (January, April or September intake). A Tuesday daytime (1pm-4pm) and Tuesday evening (5.45-8.45pm) or Thursday daytime (10am-1pm) option are available.

There are three mandatory units:

The professional context of counselling.

Communication skills in helping relationships.

An introduction to personal development.

By the end of this course you should be able to:

Enhance and improve your verbal and written communication skills, emphasis will be given to working in groups and teams.

Have a realistic understanding of the demanding nature of vocational training, especially in counsellor skills training.

Have experienced work in an experiential manner that will include a high element of personal growth work, developing further self-confidence and self-esteem.

Have the necessary basis to move into the next level of counsellor training.

Utilise knowledge in such a way as to help directly in the world of work.

The programme is delivered by experienced counselling practitioners who have many years' experience teaching at this level. You will be required to complete a written workbook to evidence your learning whilst on the course. Homework will be set each week, either written work or reading. Students are encouraged to keep a personal journal and your tutor will offer advice and guidance in relation to all subjects taught on the course.

The programme takes place at our Town Centre campus.

## Award

Upon successful completion of the course you will be awarded a Level 2 Award in Counselling Concepts from ABC Awards.

Please note that regular and punctual attendance is a course requirement and final qualifications may be withheld if attendance is below 80%. However we would expect 100% attendance.

## Quality Assurance

QA systems are embedded throughout the College and the College is regulated by ABC Awards.

# Course Additional Information

Part-time