

Spa and Wellness Treatments - Level 3 Diploma

Location	Altrincham Campus
Duration	1 year.
Full/Part time	Full-time
Department	Hair & Beauty



Course Overview

The global spa market is forecast to rise, with the growing demand of health and wellness conscious consumers who are driving the market. Spa tourism caters for a wide variety of clientele who seek luxurious destination spas where they can detach from the chaos of daily life, enjoy quiet time and experience a range of spa treatments to re-balance mind, body and soul.

Learn about this rapidly growing sector, with our Level 3 Spa and Wellness programme.

You will train in the college Enhance commercial spa, which includes sauna, steam room, hydrotherapy, and dry flotation. Our excellent industry connections will provide placements and visits. Our dedicated team of specialist tutors will introduce you to the comprehensive range of relaxing and restorative treatments including Body Massage, Aromatherapy Massage, Indian Head Massage, hot and cold Stone Therapy and luxurious spa treatments all helping to restore the feeling of well-being.

Course Requirements

4 GCSE's at grade 3 or above to include English and/or maths.

Level 2 Beauty Therapy or related subject would be recommended, but not essential.

Completion of a successful interview is also required.

Course Skills & Benefits

Learn from our industry-renowned beauty therapy team, our excellent industry connections mean that you will have a wealth of opportunities for work experience, placements, and visits. Practical skills will be developed alongside an in-depth knowledge of Spa and Wellness treatments. This course will immerse you into the exciting world of spa wellness.

Mandatory Units

Working with colleagues within the beauty related industries

Monitor and maintain health and safety practice in the salon

Client care and communication in beauty related industries

- Promote and sell products and services to clients
- Provide body massage
- Provide massage using pre-blended aromatherapy oils
- Monitor and maintain the spa area
- Provide spa treatments

Optional Units

- Provide Indian Head Massage
- Apply Stone Massage

Course Progression

Employment within the spa and/or beauty sector
FD Spa Management

What else could I do?

Our students have an excellent record of success with career prospects that include:

- Spa/beauty industry
- Day spas
- Medi-spa
- Mineral spring spa
- Leisure industry
- Hotel spa resort
- Cruise ships

Course Assessment

You will be assessed continually throughout the course by practical assessments, research assignments and final written end exams.

A minimum of 36 hours work experience which is integral to the course and is assessed as part of the practical element. High attendance and punctuality is an expectation for the course and is essential to certification.

Course Finance

This further education course is free for all 16-18 year olds who are resident in the UK and ther European Economic Area for the last 3 years. (You must be under 19 on the 31st August in the calendar year that you start your course).

19+ learners - please contact the Customer Services Team on 0161 886 7070 for course and fee information. Students will be expected to purchase a uniform and small kit, a bursary may be available on application.

Course Additional Information

Full-time